

Aligned GP

What was the issue?

- Multiple GP's visiting different Care Homes, so difficult for GP's to build a relationship with care staff and residents as no consistency for them to visit the home.
- Residents and care staff having to continually explain resident medical information to different GP's.
- GP's only visiting homes when a resident is ill.

How it works

The service aims to improve long term condition management, falls prevention and reducing inappropriate A&E admissions for residents within care homes.

- **A GP visits the associated care home weekly undertaking a ward round to review patients health and wellbeing as well as supporting care staff if they have any concerns regarding a resident.**

A GP at a local practice in Hertfordshire

“ We as a GP practice are pleased to be part of this project, as we believe this really benefits the care staff and the residents to work efficiently with our supporting GP's. This service has meant we are able to provide an efficient service to deliver care alongside building a stronger relationship with the residents due to our regular visits. ”

How did we tackle the problem?

Aligning a GP practice and GP's to care homes which means the homes and their residents can be managed in a proactive way, due to meetings at the care home every week. The GP's visiting the homes complete a weekly ward round where they review residents who are unwell, meet newly joined residents, review care plans and medication as well as visit residents who have had recent engagement with other healthcare services.

Benefits

- An efficient service, providing residents and care staff with weekly engagement with a GP who they are able to raise any arising concerns with.
- Providing residents with the most appropriate care due to the reviews of medication and care plans to adjust to fit each individual resident.
- Reduction in hospital admissions as GP's are visiting more often so they are able to identify depletes in resident health.
- Residents more likely to reach their baseline due to early detection in changes.



Key facts

- Out of the 107 care homes in East and North Herts 80 homes are included in the aligned GP scheme, of which 61 are older people care homes, 12 learning disability homes, 2 mental health homes and 5 of other types.